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CLUB CHIC

Discover a new spa hidden within a historic walled garden at the Loch Lomond Golf Club

Rossdhu House, once a stately Georgian family home, is an imposing yet extremely elegant mansion that sits on a wooded peninsula, guarded on three sides by the legendary banks of Loch Lomond – a mere 25 minutes from Glasgow International Airport. Now the clubhouse for Loch Lomond Golf Club, it stands proudly next to the remains of the Chief of the Colquhoun Clan's medieval castle.

The club itself is highly regarded throughout the world, and offers its international members all the comforts one would expect, as well as a host of traditional outdoor country pursuits and one of the world's finest golf courses. And Rossdhu House is its stunning centrepiece.

While golf has been at the heart of the private club's evolution, the creation of a spa in the estate's historic 18th-century walled garden marks the start of an exciting new chapter.

Baronial in influence, The Spa in the Walled Garden exudes an effortless sense of style. Pure lines, space, light and natural materials reflect a contemporary sophistication, with materials such as slate, walnut and leather

combining with a warm and understated palette of colours to create a peaceful yet luxurious space. This is a contemporary spa in an ancient location, so a range of holistic ESPA treatments – a fusion of ancient healing techniques and modern therapies – perfectly complement the surroundings. The journey begins the moment you step inside the spa, where every element supports a genuinely holistic and uniquely tailored restorative experience. Each guest is welcomed in reception then guided through to luxurious changing rooms and onto exceptional heat experiences, including vitality plunge pools with massaging neck and air jets, Crystal Steam rooms, saunas, lifestyle showers and ice fountains. Each of the eight treatment rooms enjoys its own private garden, complete with a water feature and figurative sculptures. Oriental shrubs and trees create a tranquil and contemplative atmosphere that envelops the spa.

Additional gardens have been expertly planted to reflect the internal spaces, with calming Zen-like Gardens of Serenity adjoining the Relaxation Rooms, and the Gardens of

Movement, planted with gently swaying bamboos and grasses, mirroring the activity within the Mind & Body Studio and Gymnasium.

For the ultimate indulgence, Loch Lomond's signature Age Defier Skin Brightening Facial is a two-hour regenerating treatment that hydrates and protects using moisturising products packed with natural antioxidants. Ideal for those with mature, dry or dehydrated skin, it also arms the complexion against the occasionally inclement Scottish weather. Or after a day perfecting your swing out on the course, what could be better than the Golfer's Tonic – an intensive body treatment designed to address any tensions built up after golf? This heavenly treatment combines a refreshing exfoliation with a volcanic hot-stone back massage, and ends with a peppermint and Cypress leg treatment that effectively soothes tired feet and legs.

For further details on membership at Loch Lomond Golf Club, please visit www.lochlomond.com or email mervices@lochlomond.com



Clockwise from left: the Spa in the Walled Garden; Rossdhu House, the 18th-century ancestral seat of the Colquhoun Clan; the specially commissioned David Harber sundial is a focal point in the historic walled garden; the Vitality plunge pool; Platinum Mosaic Crystal Steam Room; the Mind & Body Studio, which overlooks the Gardens of Movement; the entrance hallway of the Spa

